

## Information for the user



# Bite & Sting Relief Hydrocortisone Cream (Hydrocortisone Acetate)

**Read all of this leaflet carefully because it contains important information for you.**

This medicine is available without prescription to treat minor conditions. However, you still need to use it carefully to get the best results from it.

- Keep this leaflet, you may need to read it again
- Ask your pharmacist if you need more information or advice

### What this medicine is for

This medicine contains Hydrocortisone Acetate, which belongs to a group of medicines called corticosteroids, which act to relieve pain and swelling.

It can be used to relieve the swelling, itching and irritation caused by insect bites and stings.

### Before you use this medicine

This medicine can be used by adults and children aged 10 years and over. However, some people should not use this medicine or should seek the advice of their pharmacist or doctor first.

#### **X Do not use:**

- **If you are allergic** to hydrocortisone or any of the other ingredients
- **If you are under 10 years of age**
- **If you have broken or infected skin** – this includes impetigo, cold sores, acne, athlete's foot, scabies or an infected bite or sting
- **On the face or eyes**
- **On the anal or genital areas**
- **On bites and stings that are not** caused by insects e.g. animal bites or nettle stings
- **On other skin conditions** such as eczema or dermatitis
- **If you are pregnant or breastfeeding**, unless advised by a doctor

#### **! Talk to your pharmacist or doctor:**

**If you experience blurred vision** or other visual disturbances

### If you use other medicines

This cream is not expected to cause problems with any other medicine you use.

### ✓ How to use this medicine

Check the cap seal is not broken before first use. If it is, do not use the cream.

Pierce tube seal with end of cap.

Apply only to the skin.

Age	How much to use	How often to use it
Adults and children of 10 years and over	A very small amount on the affected area	Once or twice a day for 2 to 3 days

Do not use on children under 10 years.

Do not use more than the amount recommended above.

If your symptoms get worse talk to a pharmacist or doctor.

If your symptoms do not go away within 3 days, talk to a pharmacist or doctor.

**!** This medicine is for use on the skin only and should not be put in the mouth or swallowed. **If it is swallowed** accidentally rinse out the mouth and talk to a doctor.

## **Possible side effects**

Most people will not have any problems, but some may get some.

**If you get any of these side effects, stop using the cream and see a doctor.**

- Allergic reactions (e.g. skin rash, red or itchy skin, worsening of the condition you are treating)
- Blurred vision. This side effect has been reported, but it is not known how often.

## **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

## **How to store this medicine**

Do not store above 25°C.

Keep this medicine in a safe place out of the sight and reach of children, preferably in a locked cupboard.

Use by the date on the end flap of the carton.

## **What is in this medicine**

This cream contains Hydrocortisone Acetate 1% w/w, which is the active ingredient.

As well as the active ingredient, the cream also contains white soft paraffin, cetomacrogol, emulsifying wax, liquid paraffin, phenoxyethanol, purified water.

The pack contains 10 g of white cream.

## **Who makes this medicine**

Manufactured by the Marketing Authorisation holder The Boots Company PLC Nottingham NG2 3AA.

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If you would like any further information about this medicine, please contact The Boots Company PLC Nottingham NG2 3AA.

## **Other formats**

To request a copy of this leaflet in Braille, large print or audio please call, free of charge: 0800 198 5000 (UK only)

Please be ready to give the following information:

Product name: Boots Bite & Sting Relief Hydrocortisone Cream

Reference number: 00014/0658

This is a service provided by the Royal National Institute of the Blind.

Component code: XL0W4

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