



## Constipation Relief Suppositories Glycerol

- > Effective relief of occasional constipation
- > Internal relief

12 or 24 Suppositories

### **Read all of this carton for full instructions.**

**Uses:** This medicine contains Glycerol, which belongs to a group of medicines called laxatives, which act to increase bowel movements and relieve occasional constipation.

### **Before you use this medicine**

#### **X Do not use:**

- **If you are allergic** to any of the ingredients
- **If you are pregnant or breastfeeding**, unless your doctor tells you to
- **For children or infants**

#### **✓ How to use this medicine**

Check the blister is not broken before use. If it is, do not use that suppository.

Wash hands thoroughly before and after inserting the suppository. Remove the protective film. Moisten the suppository with water and insert deep into the rectum.

**Adults and the elderly:** Gently insert one moistened suppository deep into the rectum as required.

Use only in the rectum. Do not swallow the suppository.

Do not use for children or infants.

**If anyone accidentally swallows a suppository:** Talk to a pharmacist or doctor.

### **Possible side effects**

Most people will not have problems, but some may get:

- Irritation of the bowel, which may cause diarrhoea, wind or bowel pain and occasionally abdominal cramps

#### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed on this carton. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).

By reporting side effects you can help provide more information on the safety of this medicine.

### **How to store this medicine**

Store below 25°C. Store in a dry place.

**Keep all medicines out of the sight and reach of children.**

Use by the date on the side panel of the carton.

## **Active ingredient**

Each suppository contains Glycerol 70% w/w.

Also contains: gelatin, purified water.

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If you need more advice ask your pharmacist.

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