



**Benadryl**<sup>®</sup>  
Allergy

## LIQUID RELEASE 10 mg CAPSULES

Cetirizine dihydrochloride

- This medicine is used to relieve the symptoms of hay fever and other allergic conditions such as pet or dust allergies and skin reactions.
- This medicine is for use by adults and children aged 12 years and over.
- A doctor must be contacted if symptoms worsen or do not improve after 3 days.

**Read the leaflet carefully before use.** Keep this leaflet, you might need it again.

### 1 What the medicine is for

Benadryl Allergy Liquid Release 10 mg Capsules are a medicine which is used to relieve the symptoms of hay fever and other allergic conditions such as pet or dust allergies. The capsules contain 10 mg cetirizine dihydrochloride which is an antihistamine that helps relieve allergy symptoms such as sneezing, runny nose and watery eyes. It can also be used to treat allergic skin reactions. These include urticaria, also known as hives, where the skin looks blotchy, with white raised wheals (bumps) surrounded by redness.

This medicine is for use in adults and children aged 12 years and over.



### 2 Before taking this medicine

This medicine is suitable for most adults and children aged 12 years and over, but a few people should not use it. If you are in any doubt, talk to your doctor or pharmacist.

#### **X Do not take this medicine...**

- If you have ever had a **bad reaction** to cetirizine dihydrochloride, to hydroxyzine or piperazine derivatives or any other ingredients of this medicine (See section 6).
- If you have moderate or serious **kidney problems**.

Benadryl Allergy Liquid Release 10 mg Capsules contain soya oil. If you are allergic to **peanut or soya**, do not use this medicinal product.

#### **! Talk to your doctor or pharmacist...**

- If you are an **epileptic** or at **risk of convulsions (fits)**.

If this applies to you, **talk to a doctor or pharmacist**.

#### **! Warnings and precautions**

If you are a patient with both liver and kidney disease, please ask your doctor for advice; if necessary, you will take a lower dose. The new dose will be determined by your doctor. If you have difficulty passing urine, you should ask your doctor for advice.

#### **! If you are pregnant or breast-feeding**

- If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine.

You should not take Benadryl Allergy Liquid Release 10 mg Capsules during breast feeding because cetirizine passes into breast milk.

#### **! Special warnings about this medicine**

- In most people this product does not cause drowsiness. However, there are rare exceptions and you should take care when you use this product for the first time. If this product makes you feel drowsy, do not drive or operate machinery.
- As with all antihistamines, it is advisable to avoid excessive alcohol consumption when taking this medicine.
- You should stop taking this product for 3 days before undergoing a skin allergy test because antihistamines can affect the results of the test.
- This medicine contains a maximum of 19.3 mg of sorbitol in each capsule.

### 3 How to take this medicine

- For oral use only.
- Swallow with a glass of water.
- Do not take more than the stated dose shown in the table.

#### **i Children under 12 years old**

This medicine is not recommended for children aged under 12 years old.

#### **i Adults and children aged 12 years and above**

Age	Dose
Adults and children aged 12 years and above	Take 1 capsule once a day.
■ Do not take more than 1 capsule in 24 hours.	
■ <b>Do not chew the capsule.</b>	
■ If symptoms persist or worsen, stop use and consult your doctor or pharmacist.	

#### **! If anyone has too much**

If anyone has too much contact a doctor or your nearest Accident and Emergency department (Casualty) taking this leaflet and pack with you.

#### **! If you forget to take the medicine**

If you forget to take a dose, take the next dose when needed provided that you only take a maximum of 1 capsule in 24 hours. **Do not** take a double dose.

### 4 Possible side-effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

**If you experience any of the following, stop taking this medicine and seek immediate medical help:**

- Sudden onset of fever, reddening of the skin, or many small pustules (possible symptoms of Acute Generalised Exanthematous Pustulosis - AGEP) may occur within the first 2 days of treatment with this medicine (See section 2).



- Sudden signs of allergy such as rash, itching or hives on the skin, swelling of the face, lips, tongue or other parts of the body, shortness of breath, wheezing or trouble breathing.
- Bruising or bleeding more easily than normal.
- Convulsions (fits) or hallucinations
- Loss of consciousness

**If you experience any of the following, stop taking this medicine and talk to your doctor:**

- Confusion
- Abnormal liver function tests
- Rapid heartbeat

**Other effects which may occur include:**

**Common: affects 1 to 10 users in 100**

- Headache or dizziness
- Drowsiness or tiredness
- Restlessness
- Dry mouth, sore throat
- Upset stomach, abdominal pain, diarrhoea, nausea
- Runny nose

**Uncommon: affects 1 to 10 users in 1,000**

- Agitation
- Unusual weakness
- Feeling of general discomfort or uneasiness
- Pins & needles

**Rarely: affects 1 to 10 users in 10,000**

- Aggression
- Depression
- Weight gain
- Movement disorders including tremor, muscle spasm and tics
- Sleeplessness

**Very rarely: affects less than 1 user in 10,000**

- Taste disorder
- Cough
- Blurred vision, eye swelling, eye movement disorder
- Difficult, painful or involuntary urination

**Not known**

- Vertigo
- Increased appetite
- Amnesia
- Memory impairment
- Inability to pass urine
- Eye pain
- Nightmares
- Hepatitis
- Joint pain
- Pruritus (intense itching) when you stop taking this medicine

In very rare cases people have thought about committing suicide and if you feel this way then stop taking the capsules and see your doctor.

Cases of impotence in adults have also been reported.

### Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

## 5 Storing this medicine

Keep this medicine out of the sight and reach of children.

Store below 30°C.

Do not use this medicine after the expiry date stated on the carton and blister. The expiry date refers to the last day of that month.

Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

## 6 Further Information

### What's in this medicine?

**The active ingredient in Benadryl Allergy Liquid Release 10 mg Capsules is:** 10mg Cetirizine dihydrochloride in each capsule.

**Other ingredients are:**

Macrogol, potassium hydroxide 43% w/w, povidone and purified water.

**Gelatin capsule:** Gelatin, sorbitol (E420), glycerol, purified water, lecithin and medium chain triglycerides.

**Printing ink:** Propylene glycol, black iron oxide (E172), polyvinyl acetate phthalate, macrogol and ammonium hydroxide.

## What the medicine looks like and contents of the pack

Benadryl Allergy Liquid Release 10 mg Capsules are colourless to slightly yellow, clear capsules containing a clear, colourless viscous fill. Each soft gel capsule has the logo C10 printed in black ink. They are available in packs of 7 capsules.

**Product Licence Holder:**

McNeil Products Limited, 50 – 100 Holmers Farm Way, High Wycombe, Buckinghamshire, HP12 4EG, UK.

**Manufacturer:**

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**This leaflet was revised in May 2023.**

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