

## Package leaflet: Information for the patient

### Chemydur® 60XL Tablets

Isosorbide-5-mononitrate

**Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.**

Always take this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you.

- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse.

#### **What is in this leaflet:**

1. What Chemydur 60XL Tablets are and what they are used for
2. What you need to know before you take Chemydur 60XL Tablets
3. How to take Chemydur 60XL Tablets
4. Possible side effects
5. How to store Chemydur 60XL Tablets
6. Contents of the pack and other information

#### **1. WHAT CHEMEDER 60XL TABLETS ARE AND WHAT THEY ARE USED FOR**

The name of your medicine is Chemydur 60XL Tablets. The active ingredient is isosorbide-5-mononitrate. Chemydur 60XL Tablets belong to a group of medicines called nitrates.

Chemydur 60XL Tablets are used in adults to prevent angina (chest pain) and work by opening up blood vessels and reducing the pain.

#### **2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE CHEMYDUR 60XL TABLETS**

##### **Do not take Chemydur 60XL Tablets if you:**

- are allergic to isosorbide-5-mononitrate or any of the other ingredients of this medicine (listed in section 6). (Allergic reactions include mild symptoms such as itching and/or rash. More severe symptoms include swelling of the face, lips, tongue and/or throat with difficulty in swallowing or breathing);
- have any inflammation of the heart such as pericarditis;
- have been diagnosed with any of the following heart conditions
  - Low cardiac filling pressure
  - Cardiac tamponade
  - Hypertrophic obstructive cardiomyopathy;
- have had any serious damage to your heart, such as a cardiomyopathy or have narrow heart valves;
- suffer from severe anaemia (low levels of red blood cells in the blood);
- have a low volume of blood in your body (hypovolaemia);
- have a head injury or bleeding of the brain;
- have closed-angle glaucoma (high pressure in the eyes);
- have low blood pressure (hypotension);

- have decreased blood supply to the brain (cerebrovascular insufficiency);
- are taking a medicine called Viagra (sildenafil) used for male erectile dysfunction.

### **Warnings and precautions**

Talk to your doctor, pharmacist or nurse before taking Chemydur 60XL Tablets if you:

- have recently had a heart attack;
- have an underactive thyroid gland (hypothyroidism);
- have angina due to other causes (such as a large heart muscle), or have an increased circulatory volume;
- have a head injury or bleeding of the brain;
- develop low blood pressure (hypotension), a slow heart rate (bradycardia), or worsening of your angina;
- are at risk of having a stroke;
- have liver or kidney problems, especially if you are elderly;
- have cirrhosis of the liver;
- have a poor diet;
- have poor circulation;
- have consumed alcohol as this may lead to low blood pressure (hypotension);
- feel that you are developing a tolerance to Chemydur 60XL Tablets;
- have a very low body temperature (hypothermia).

If you have an attack of angina whilst taking Chemydur, do not stop taking your Chemydur 60XL Tablets. Your doctor will provide another medicine to treat your condition.

### **Children**

Chemydur 60XL Tablets are not suitable for use in children.

### **Other medicines and Chemydur 60XL Tablets**

Tell your doctor or pharmacist if you are taking, have recently taken, or might take any other medicines, including medicines obtained without a prescription.

- medicines used to treat high blood pressure (e.g. propranolol, furosemide);
- medicines used to treat heart failure (e.g. nifedipine, ramipril);
- medicines used in the treatment of erectile dysfunction (e.g. sildenafil);
- any medication which may cause a lowering of your blood pressure (e.g. causing dizziness or light-headedness, especially on standing);
- medicines such as noradrenaline, which are used to treat high blood pressure or a heart attack;
- acetylcholine, which is used during some operations;
- medicines such histamine, which is used to treat allergic reactions;
- medicines used to treat migraines (e.g. ergotamine).

### **Chemydur 60XL Tablets with food, drink and alcohol**

You should avoid alcohol while taking Chemydur 60XL as it may increase the feeling of dizziness you may experience.

### **Pregnancy and breast-feeding**

If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before taking this medicine. The safety of Chemydur 60XL Tablets during pregnancy or whilst breast-feeding has not been established.

### **Driving and using machines**

You can drive while taking Chemydur 60XL Tablets but do not drive until you know how the tablets affect you. They may give you low blood pressure or make you feel dizzy, if they affect you in this way, **do not** drive or operate any machinery.

### **Chemydur 60XL Tablets contain lactose**

If you have been told by your doctor that you have an intolerance to some sugars, contact your doctor before taking this medicinal product.

## **3. HOW TO TAKE CHEMYDUR 60XL TABLETS**

Always take this medicine exactly as described in this leaflet or as your doctor, pharmacist or nurse has told you. Check with your doctor, pharmacist or nurse if you are not sure.

The recommended dose for adults is **1 or 2 tablets** a day, taken in the morning.

A dose of half a tablet may be prescribed for the first 2-4 days.

The tablets should be **swallowed** with half a glass of water.

Do not crush or chew the tablets.

If Chemydur 60XL Tablets are taken frequently and for long periods the effectiveness of the drug may decrease. If you notice that your tablets are no longer working as well at relieving the pain as they have done before, consult your doctor.

### **If you take more Chemydur 60XL Tablets than you should**

If you take more Chemydur 60XL than you should, contact your doctor or nearest hospital emergency department immediately.

Take this leaflet and any remaining tablets with you. Symptoms of overdose include headache, feeling over-excited, flushing, cold perspiration, feeling sick, being sick, feeling dizzy, fainting, a fast heart beat, low blood pressure, confusion, shortness of breath and unconsciousness.

### **If you forget to take Chemydur 60XL Tablets**

If you forget to take a dose, just take the next dose at the usual time. Do not take a double dose to make up for a forgotten dose.

### **If you stop taking Chemydur 60XL Tablets**

Ask your doctor before stopping treatment with Chemydur 60XL, as treatment should be reduced gradually over several days and you must be monitored carefully by your doctor.

If you have further questions on the use of this medicine, ask your doctor, pharmacist or nurse.

#### **4. POSSIBLE SIDE EFFECTS**

Like all medicines, Chemydur 60XL Tablets can cause side effects, although not everyone gets them.

##### **Very common: (may affect more than 1 in 10 people)**

- headaches may occur when treatment is first started, but this usually disappears after 1 to 2 weeks of treatment.

##### **Not known: (frequency cannot be estimated from the available data)**

- feeling dizzy;
- low blood pressure when standing up (postural hypotension), which may make you feel sick or dizzy;
- slow heartbeat;
- fast heartbeat;
- flushing;
- restlessness;
- looking pale;
- weakness;
- tiredness;
- cold perspiration.
- rash and itching;
- pain in your muscles or joints;
- drowsiness;
- feeling sick, being sick and diarrhoea;
- sensitivity to light;
- fainting or collapse;
- low levels of oxygen in the blood;
- bleeding in the brain;
- your angina may worsen;
- red or scaly skin (exfoliative dermatitis).

##### **Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme, website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store.

By reporting side effects you can help provide more information on the safety of this medicine.

If Chemydur 60XL Tablets are taken frequently and for long periods the effectiveness of the drug may decrease. If you notice that your tablets are no longer working as well at relieving the pain as they have done before, consult your doctor.

#### **5. HOW TO STORE CHEMYDUR 60XL TABLETS**

Keep this medicine out of the sight and reach of children.

Do not use after the expiry date which is stated on the pack. The expiry date refers to the last day of that month.

Store your medicine in a dry place below 25°C. Keep it out of direct sunlight.

## **6. CONTENTS OF THE PACK AND OTHER INFORMATION**

### **What Chemydur 60XL Tablets contains**

Each tablet contains 60 mg of the active substance isosorbide-5-mononitrate.

The other ingredients are: Polyethylene glycol 4000, hydroxypropyl methylcellulose, stearic acid, talc, purified siliceous earth, lactose, carnauba wax, magnesium stearate and the colourings titanium dioxide (E171) and yellow iron oxide (E172).

### **What Chemydur 60XL Tablets looks like and contents of the pack**

Chemydur 60XL Tablets are oval, cream-coloured tablets with a score line on both sides and a crown and `60` on one side.

They are packaged in blister packs of 28, 30, 56, 60 and 100 tablets.

Not all packs sizes may be marketed.

### **Marketing Authorisation Holder:**

Amdipharm UK Limited,  
Dashwood House,  
69 Old Broad Street,  
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### **Manufacturer:**

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*Chemydur is a registered trademark of Amdipharm mercury international Limited.*

This leaflet was last revised in January 2024.