

Patient Information Leaflet for Boots Aspirin 75 mg Dispersible tablets

Read this leaflet carefully before taking these tablets.

It does not contain all the information about your medicine that you may need to know, so ask your doctor or pharmacist if you have any questions.

This leaflet only applies to Aspirin 75mg Dispersible tablets.

1. WHAT THESE TABLETS DO

These tablets contain Aspirin which is used to help prevent heart attacks and strokes in people who have previously suffered these conditions or who have under gone by-pass surgery.

2. CHECK BEFORE YOU TAKE

Before starting long term use of Aspirin you must consult your doctor who will discuss the benefits and risks of this therapy with you.

Do not take these tablets if you:

- Are allergic to Aspirin, NSAIDs which includes those when in attacks of asthma, angioedema, urticaria or rhinitis have been precipitated by aspirin or any other NSAID or any of the other ingredients listed in section 6
- Suffer from gout or had in the past
- Have a stomach ulcer or have had problems with ulcers in the past
- Suffer from haemophilia or any other bleeding condition
- Are taking blood thinning (anti-coagulant) medication
- Are in the last 3 months of pregnancy or are breast-feeding.

Important warning:

Do not give this medicine to children under the age of 16 unless your doctor tells you. This is because there is a possible association between Aspirin and Reye's syndrome when given to children. Reye's syndrome is a very rare disease, which can be fatal.

Take special care and tell your doctor if you:

- Have liver or kidney disease
- Have asthma, or have ever had it in the past
- Are suffering from dehydration (feeling constantly thirsty)
- Have been told by your doctor that you have an intolerance to some sugars
- Have been told you are deficient in glucose-6-phosphate dehydrogenase

Tell your doctor or pharmacist if you are already taking any of the following medicines, as their effectiveness may be influenced by aspirin if they are taken at the same time.

- Metoclopramide (for sickness and digestive disorders)
- Blood thinning medicines such as Heparin, Warfarin or nicoumalone
- Corticosteroids e.g. hydrocortisone (which can be used for arthritis, asthma, and inflammatory conditions)
- Anti-inflammatory medicines or steroids for pain and inflammation e.g. ibuprofen
- High blood pressure medicines e.g. diuretic/water tablets, Angio-II receptor antagonists or ACE inhibitors
- Epilepsy medicines e.g. Phenytoin, Sodium valproate
- Methotrexate (for psoriasis, arthritis or tumours)

- Antacids for indigestion
- Probenecid or sulphapyrazone for gout
- Anti-depressants e.g. citalopram

Before using aspirin inform your doctor about the medicines you are taking. If you are using aspirin regularly seek advice of your doctor before taking any other medicine (including other medicines that you have bought).

- Metamizole (substance to decrease pain and fever) may reduce the effect of acetylsalicylic acid on platelet aggregation (blood cells sticking together and forming a blood clot), when taken concomitantly. Therefore, this combination should be used with caution in patients taking low dose aspirin for cardioprotection.

Pregnancy and breast-feeding

Ask your doctor or pharmacist for advice before taking this medicine. Aspirin should not be taken in the last three months of pregnancy. Do not take this medicine if you are breast-feeding.

3. HOW TO TAKE THE TABLETS

Do not take these tablets without discussing it with your doctor first.

Dosage in adults, the elderly and children over the age of 16 years:

The usual dosage is 1 to 2 tablets dissolved in water, once a day.

In some people a higher dose of up to 4 tablets a day may be prescribed.

Do not take this many tablets unless told to by your doctor.

When taking this medicine, it is important to remember the following:

- The tablets must be dissolved in a glass of water before taking
- Do not give to children aged under 16 years unless told to by your doctor
- Seek medical attention **IMMEDIATELY** if you accidentally take too many tablets
- If you miss a dose, do not take a double dose to make up for the missed dose

4. POSSIBLE SIDE EFFECTS

Most people will not have problems, but some may get some.

If you get any of these serious side effects, stop taking the tablets.

See a doctor at once:

- You are sick and it contains blood or dark particles that look like coffee grounds
- Pass blood in your stools or pass black tarry stools
- Stomach problems including pain, indigestion or heartburn
- Allergic reactions such as skin rash, swelling of the face, neck or throat, worsening of asthma, difficulty in breathing
- Bleeding on the brain which may cause a severe headache or stroke

These other effects are less serious. If they bother you talk to a pharmacist:

- Feeling sick, being sick, changes to the stomach lining (swelling or ulcers)
- Increased bleeding time when you cut yourself, bleeding under the skin which may look like bruising
- Nose bleeds (if a nose bleed is severe or lasts for a long time, talk to a doctor straight away)
- Hearing problems (e.g. ringing in the ears), feeling dizzy (vertigo), feeling confused

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the

Yellow Card Scheme, Website: www.mhra.gov.uk/yellowcard. By reporting side effects you can help provide more information on the safety of this medicine.

5. STORING YOUR MEDICINE

Keep your medicine in a safe place where children cannot see or reach it.

Do not store above 25°C. Store in the original packaging to protect from light and moisture.

Do not use this medicine after the expiry date printed on the packaging.

6. MORE ABOUT YOUR MEDICINE

The active ingredient in these tablets is 75mg aspirin. The inactive ingredients are starch, sodium saccharin, lactose, citric acid, calcium carbonate, talc and sodium lauryl sulphate.

This medicine contains less than 1 mmol Sodium (23mg) per 150mg tablet, that is to say essentially 'Sodium free'.

The product licence holder and manufacturer is

Aspar Pharmaceuticals Ltd, Acrewood Way, St Albans, AL4 0JY, United Kingdom.

Manufacturer: Aspar Pharmaceuticals Ltd, 29-30 Capitol Way, Colindale, London, NW9 0EQ.

The distributor is

The Boots Company PLC, Nottingham, NG2 3AA.

Boots Dispersible Aspirin 75mg Tablets are available in a blister pack of 100 tablets.

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