READING DIRECTION

# Securon® SR / Half Securon® SR Tablets

modified-release verapamil hydrochloride BP

**IMPORTANT INFORMATION**

**Read all of this leaflet carefully before you start taking this medicine**

- Keep this leaflet as you may need to read it again
- This leaflet provides a summary of the information currently available about Securon SR and Half Securon SR
- For further information or advice ask your doctor or pharmacist
- This medicine is for you only and should never been given to anyone else, even if they appear to have the same symptoms as you
- Tell your doctor or pharmacist if you experience any side effects

**What is in this leaflet**


1. What Securon SR / Half Securon SR is and what is it used for
2. What you need to know before you take Securon SR / Half Securon SR
3. How to take Securon SR / Half Securon SR
4. Possible side effects
5. How to store Securon SR / Half Securon SR
6. Contents of the pack and other information


## 1. What Securon SR / Half Securon SR is and what is it used for

Securon SR and Half Securon SR tablets belong to a group of medicines called calcium channel blockers. Calcium channel blockers change the amount of calcium getting into the muscle cells in your heart and blood vessels. This can change the strength and speed with which your heart beats. It also opens up the blood vessels so blood can be pumped around the body more easily. This helps more oxygen to get to your heart muscle and can lower your blood pressure.

Securon SR and Half Securon SR tablets are used to treat hypertension (high blood pressure) and to prevent angina (chest pain) attacks. The tablets may also be prescribed following a heart attack, to prevent another attack occuring.

The active ingredient in Securon SR and Half Securon SR tablets is verapamil hydrochloride.

## 2. What you need to know before you take Securon SR / Half Securon SR

STOP **If the answer to any of the following questions is 'YES' please tell your doctor or pharmacist BEFORE taking any tablets:**

- Are you are sensitive (allergic) to verapamil or any of the other ingredients in the tablets? (See section 6)
- Are you pregnant or planning to become pregnant, or are you breast feeding?
- Do you have very low blood pressure?
- Do you have or have you ever suffered from heart problems such as heart failure?
- Do you have an abnormally slow or irregular heart beat?
- Have you recently had a heart attack?
- Do you have liver or kidney problems?
- Do you have or have you ever suffered from heart problems such as heart failure or the heart condition called Wolff-Parkinson-White syndrome?
- Do you have a condition where the nerve to muscle transmission is affected e.g. myasthemia gravis, Lambert-Eaton syndrome, advanced Duchenne muscular dystrophy?
- Are you being treated with ivabradine (for heart conditions)?

**Taking other medicines.**

**Please tell your doctor or pharmacist if you are taking any medicines with or without a prescription or have recently taken any of the following medicines:**

- beta-blockers used to treat high blood pressure and heart conditions (these include atenolol, propranolol and metoprolol)
- alpha blockers used to treat high blood pressure and heart conditions (these include prazosin and terazosin)
- diuretics (also called 'water pills')
- medicines known as "statins" such as atorvastatin, lovastatin, simvastatin used to lower cholesterol levels
- any other medicine for high blood pressure or an abnormal heart beat (arrhythmia) such as quinidine, flecainide, disopyramide, digoxin and digitoxin
- dabigatran (medicine to prevent the formation of blood clots)
- medicines containing ivabradine for the treatment of certain heart diseases
- medicines used to treat depression (including the herbal product St John's Wort), anxiety or psychosis. These may include imipramine, buspirone and lithium
- medicines known as immunosuppressants such as ciclosporin, sirolimus, everolimus and tacrolimus. These are used to prevent organ transplant rejection
- glibenclamide, used to treat certain types of diabetes
- aspirin, a non-steroidal anti-inflammatory painkiller (NSAID) used to relieve pain and reduce fever
- almotriptan, used to treat migraine
- midazolam, used as a sedative or anaesthetic
- theophylline, used to treat asthma
- doxorubicin, an anti-cancer medicine
- cimetidine, used to treat indigestion or stomach ulcers
- rifampicin, used to treat tuberculosis and other types of infection
- carbamazepine, phenytoin or phenobarbital (phenobarbitone). These medicines are used as anti-convulsants.
- ritonavir, used to treat HIV
- erythromycin, clarithromycin and telithromycin, used to treat types of infection
- colchicine or sulfinpyrazone, used to treat gout.

Tell your surgeon or dentist that you are taking Securon SR or Half Securon SR if surgery is planned as it may affect the anaesthetic used.

**Driving and operating machines**

Do **NOT** drive, operate machinery or do anything that requires you to be alert, until you know how the tablets affect you.

Securon SR and Half Securon SR can make some people feel dizzy, especially when they first start to take the tablets.

**Other important information**

Do **NOT** drink grapefruit juice whilst taking your tablets as it can affect the absorption of this medicine. This does not occur with other fruit juices such as orange, apple or tomato juice.

**Drinking alcohol**

Securon SR and Half Securon SR will increase the time your body takes to get rid of alcohol. This means that you may not have to drink as much for your blood alcohol levels to be above the legal limit to drive. It will also take you longer to sober up.

**Pregnancy and breast feeding**

Please discuss with your doctor if you are pregnant, planning to become pregnant or are breast feeding.

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| Description | Securon, 120 mg, 240 mg, 28 | | | Date: 08 OCT 2020 | | Time: 19:15 | |
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## 3. How to take Securon SR / Half Securon SR

**ALWAYS** take this medicine exactly as your doctor has told you. Check with your doctor if you are not sure.

**TAKE YOUR TABLETS** with a glass of water. You should swallow the tablets without chewing or crushing them. It does not matter if you have not eaten.

The number of tablets that you will need to take will depend on what you are being treated for:

**ADULTS:**

**Hypertension (high blood pressure)**

The recommended dose is one Securon SR 240 mg tablet a day. If you have not taken Securon SR 240 mg before, your doctor may prescribe a lower dose such as a Half Securon SR 120 mg tablet each day. The maximum dose to treat high blood pressure is 480 mg each day. This is usually taken as one Securon 240 mg tablet in the morning and one in the evening, leaving a gap of about 12 hours between each dose.

**Angina (chest pain)**

The usual starting dose for angina is one Securon SR 240 mg tablet taken twice a day. You should take one tablet in the morning and one in the evening, with a gap of about 12 hours in between them. Your doctor may prescribe a lower dose according to your symptoms.

**Following a heart attack**

The usual dose following a heart attack is 360 mg each day. This may be taken as one Securon SR 240 mg tablet in the morning and a Half Securon SR 120 mg tablet in the evening or as one Half Securon SR 120 mg tablet taken three times a day. The doctor will usually wait at least a week after your heart attack before prescribing these tablets.

**CHILDREN:**

Securon SR and Half Securon SR are **NOT** recommended for children under 12 years of age.

**Elderly**

The dose will be the same as that for adults. If you have kidney or liver problem, your doctor may lower your dose.

**If you take more Securon SR and Half Securon SR than you should**

If you take more tablets than prescribed (an overdose) you should contact a doctor or go to the nearest hospital casualty department **IMMEDIATELY** taking your tablets with you.

**If you forget to take Securon SR and Half Securon SR**

If you forget to take your tablets take them as soon as you remember, unless it is almost time for your next dose. If it is, do not take the missed dose at all. Do not take double dose to make up for a forgotten tablet.

**If you stop taking Securon SR and Half Securon SR**

If you stop taking your tablets your condition may get worse. It is important that you keep taking these tablets until your doctor tells you to stop. Do **NOT** stop just because you feel better.

**Other things to remember about Securon SR and Half Securon SR**

- Securon SR 240 mg tablets may be broken in half if your doctor advises you to do so (e.g. if a lower dose has been prescribed).
- The tablets should **NOT** be crushed, chewed or sucked, as this will affect the modified-release formulation of the product.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

## 4. Possible side effects

As with all medicines, Securon SR and Half Securon SR can cause side effects, although not everyone will suffer from them. **If you experience any other unusual symptoms whilst taking your tablets, tell your doctor or pharmacist.**

**Tell your doctor IMMEDIATELY if you experience any of the following side effects:**

- Yellowing of the skin or eyes, a fever or tenderness around the middle. These are signs that your liver may not be functioning as well as usual
- Palpitations, chest pains for the first time or chest pains becoming more frequent, swollen ankles, hot and painful hands or feet
- Swelling of the limbs
- Unexpected wheezing, difficulty breathing, swelling of the mouth, lips or tongue or severe skin rash

The most common side effect is constipation. Other side effects include abnormal heart beat, flushing of the face or neck, headaches, feeling or being sick, abdominal pain or discomfort, dizziness, vertigo, tinnitus (ringing or buzzing in the ears), tiredness, tremor, movement disorders, muscle weakness, aches and pains in the joints and/or muscles, skin rash or itching, a tingling or prickling feeling on the skin, numbness and hair loss. Impotence may occur rarely.

Other side effects might occur if Securon SR or Half Securon SR are used for a long time. **Tell your doctor** if you develop swollen gums which start to spread over your teeth, or if your breasts swell (males) or start to produce milk (males and females). These effects are rare and are resolved upon stopping taking the tablets.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: HYPERLINK "http://www.mhra.gov.uk/yellowcard" www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

## 5. How to store Securon SR / Half Securon SR

Do **NOT** take your tablets after the 'use by' date shown on the carton. Keep them in the original pack, at normal room temperature (do **not** store them above 25 °C).

Your tablets should be stored in a safe place out of the reach and sight of children, your medicine could harm them.

If your doctor decides to stop treatment, return any leftover tablets to your pharmacist. Only keep the tablets if your doctor tells you to. Do **NOT** dispose of leftover tablets carelessly (e.g. down the toilet or in with your general rubbish).

## 6. Contents of the pack and other information

**What Securon SR and Half Securon SR contains**

- The active substance is verapamil hydrochloride, in a sustained release (slow release) formulation.
- Each Securon SR tablet contains 240mg of verapamil hydrochloride.
- Each Half Securon SR tablet contains 120mg of verapamil hydrochloride.
- The other ingredients are sodium alginate, microcrystalline cellulose, povidone K30, purified water, talc, titanium dioxide (E171), hypromellose 2910, magnesium stearate, macrogol 400, macrogol 6000, and montan glycol wax. In addition, Securon SR (240mg) tablets contain I-green lake (quinoline yellow (E104) and indigo carmine aluminium lacquer (E132)).

**What Securon SR and Half Securon SR look like and contents of the pack:**

Securon SR tablets are pale green, oblong in shape, scored and embossed with two triangles on one side.

Half Securon SR tablets are white, round, biconvex and embossed with the word 'KNOLL' on one side and '120 SR' on the other.

The Securon SR and Half Securon SR tablets are available in calendar packs of 28.

**Marketing Authorisation Holder:**
Mylan Products Ltd.,
20 Station Close, Potters Bar, Herts, EN6 1TL, UK

**Manufacturer:**
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ANTHOUSSA PLANT
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15349, Greece

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