

Care 



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**Chlorhexidine  
Digluconate 0.2% w/v  
Antiseptic Mouthwash  
Peppermint Flavour**  
Treats & prevents gum disease

**IMPORTANT: Peel this label  
at corner and read BEFORE  
use. Do not tear off, re-fix for  
future use.**

For the treatment and prevention of gingivitis (gum disease), gum ulceration, oral thrush, denture sores and for maintaining oral hygiene.

Use the solution only in the mouth. Do not swallow.

**Adults, the elderly and children:**

- Measure 10ml in the cup provided.
- Rinse the mouth thoroughly for about 1 minute, then spit out.
- Use twice a day.

**Gingivitis (gum disease):** Use as above for one month.

**Mouth ulcers and thrush:** Use as above, continuing for 2 days after symptoms go.

**Denture sores:** Use as above, also soak dentures for 15 minutes, twice a day.

If symptoms persist, stop use and consult your doctor or dentist.

**Peel where shown for further precautions.**

**Active ingredient:** chlorhexidine digluconate 0.2% w/v.

**Also contains:** ethanol, castor oil polyoxyl hydrogenated, menthol, peppermint oil, aspartame (E951) and purified water. Alcohol 7 vol%.

Do not store above 25°C. Once opened use within 28 days.

**Keep out of the sight and reach of children.**

Manufactured by the licence holder Thornton and Ross Ltd., Huddersfield, HD7 5QH, UK.

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92764612310 GB UK Only

**300ml e**



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Peel  
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This mouthwash contains chlorhexidine digluconate, a disinfectant and antiseptic. It reduces the formation of dental plaque and fights infection in the mouth.

**1. Before you use this medicine**  
** Do not take/use the medicine if you or your child....**

- Are allergic (hypersensitive) to chlorhexidine gluconate or any of the other ingredients listed on the front.

** Special warnings and precautions**

This medicine may in rare cases cause severe allergic reactions, leading to a drop in blood pressure and even unconsciousness. Early symptoms of a severe allergic reaction may be skin rash or asthma. If you notice these symptoms, stop use and contact your doctor as soon as possible (see under section 2: Possible side effects).

** Take care with the medicine....**

- Keep away from the eyes and ears.
- If the solution comes in contact with the eyes, rinse well with water.
- Toothpastes may stop the mouthwash working properly if used immediately after the mouthwash. To prevent this use toothpaste first or at a different time of day and rinse your mouth before using the mouthwash.

** Pregnant or breastfeeding....**

Ask your doctor or pharmacist for advice before using this medicine if you are pregnant, might be pregnant or are breastfeeding. Chlorhexidine Digluconate Antiseptic Mouthwash should not be used unless the doctor has told you to do so.

** Important ingredient information**

- This product contains aspartame, a source of phenylalanine, which may be harmful for people with phenylketonuria.
- It also contains castor oil polyoxyl hydrogenated which may cause skin reactions.

**2. Possible side effects**

Like all medicines, Chlorhexidine Digluconate Antiseptic Mouthwash can have side effects, although these don't affect everyone.

**Possible serious side effects**

If you notice any of the following reactions **stop use** and get immediate medical help: swelling of the face, lips, tongue or throat; a red itchy skin rash; wheezing or difficulty breathing; feeling faint or dizzy; a strange metallic taste in the mouth; collapse. You may be having an allergic reaction.

**Other possible side effects are:**

- Skin irritation.
- Swelling of the salivary glands.
- Peeling of the skin inside the mouth.
- Transient tingling/numbness of the mouth.

If you notice these side effects, stop use and tell your doctor or pharmacist. They will tell you what to do.

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If you notice the following minor effects it is not normally necessary to stop use, however, if concerned talk to your doctor or pharmacist.

- Taste changes or a burning sensation on the tongue when first used. This usually reduces with continued use.
- Discolouration of the tongue and teeth may occur, but this is not permanent and may be prevented by brushing daily with a normal toothpaste before using the mouthwash and avoiding tannin-containing foods such as red wine, tea or coffee for at least an hour after using the mouthwash.
- In some cases a scale and polish by your dentist or hygienist may be necessary to remove the discolouration completely.

**Reporting of side effects**

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). By reporting side effects you can help provide more information on the safety of this medicine.

**3. Further information**

** If you accidentally swallow some** see a doctor straight away. Take the pack with you to show which medicine you have swallowed.

- Do not use after the expiry date. The expiry date refers to the last day of that month.
- Return any unused medicine to the pharmacy for disposal.

**What the medicine looks like**

Chlorhexidine Digluconate Antiseptic Mouthwash is a colourless liquid with an odour of peppermint. It is supplied in 300ml bottles.

**This label was revised in October 2023**

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